

My 'STUNNING' LIFE AS A 'CERTIFIED' BROILER

To add insult to injury, I was spiced, fried
and feasted upon

Only if I was given a chance to be a
'free-range'. In Allah's natural way you
would have relished halaalan tayyiban.

I would have offered my self to the slave
of Allah willingly so you may present
'good deeds'

YOU ARE WHAT YOU EAT

Certificate



5

4

After a caged drive to the abattoir, I was
shackled, baptised in 'shocking' water and slit
to be 'certified halaal'

Then I was thrown into boiling water with my
gut and all to be 'de-feathered'

Then I was torn apart, rinsed with chemicals
and packaged like a 'shinning star' ready to be
sold and served for a meal

3

A few days old, I was sold to an over
crowded broiler barn-yard

Day & night I lived to eat 'toxic' food
under bright lights so I may be 'fattened'

2



1



For 21 days I was tossed and
turned in an incubator so that I may
'crack'

My parents were shell shocked when I was
snatched from them to be artificially
incubated to become a 'certified' broiler

CONTENTS

BEWARE, BE CAREFUL OF WHAT YOU PUT IN YOUR MOUTH – WHAT YOU EAT!!!	1
WHAT SHOULD OUR MENU BE	5
THE CORRECT METHODS OF CORRECTION!	6
TO DECREASE THE INTAKE OF FOOD	7
OUR CONSUMPTION OF MEAT	7
AN AUTOBIOGRAPHY OF A BROILER CHICKEN	9
WHAT CAN I/WE DO?!	11
SOLUTION ONE	11
SOLUTION TWO	13
SOLUTION THREE	13
SOLUTION FOUR	14
THE REAL SOLUTION	14
SUMMARY	15

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BEWARE! BE CAREFUL OF WHAT YOU PUT IN YOUR MOUTH – WHAT YOU EAT!!!

THE GREAT IMPORTANCE, BARAKAAT (BLESSINGS) AND BENEFITS OF HALAAL FOOD.

Allaah Ta'ala says addressing all people:

﴿يَا أَيُّهَا النَّاسُ كُلُوا مِمَّا فِي الْأَرْضِ حَلَالًا طَيِّبًا وَلَا تَتَّبِعُوا خُطُوَاتِ الشَّيْطَانِ إِنَّهُ لَكُمْ عَدُوٌّ مُبِينٌ﴾

[البقرة: ١٦٨]

O people, eat of the lawful and pure things of the earth, and do not follow in the footsteps of shaytan, indeed he is your open enemy.

Muslims and non-Muslims, eat what is in the earth of halaalan tayyiban, that which is 100% halaal, no doubt in it and healthy and wholesome (not junk food) and do not follow in the footsteps of shaytan, he is your open enemy. In other words, through haraam and unhealthy, junk food, he will get you involved in evil and shamelessness.

A few Aayats later Allaah Ta'ala addresses the believers:

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُلُوا مِن طَيِّبَاتِ مَا رَزَقْنَاكُمْ وَاشْكُرُوا لِلَّهِ إِن كُنتُمْ إِيَّاهُ تَعْبُدُونَ﴾

[البقرة: ١٧٢]

O you who have Imaan! Eat from the pure things which We have provided for you and show gratitude to Allah if it is indeed Him whom you worship.

Eat tayyibaat (undoubtful, pure clean and healthy) 100% halaal in which there is no doubt and healthy and wholesome, not junk, unhealthy food! And make Shukr to Allaah Jallajalaaluhu (if you are earnest in worshipping Him and you want to be obedient to Him)!

Allaah Jallajalaaluhu says in another Aayat

﴿يَا أَيُّهَا الرُّسُلُ كُلُوا مِنَ الطَّيِّبَاتِ وَاعْمَلُوا صَالِحًا إِنِّي بِمَا تَعْمَلُونَ عَلِيمٌ﴾

[المؤمنون: ٥١]

O you Rusul! Eat from the pure things and do good acts. Verily I am aware of what you do.

O Rusul (the plural of Rasuls – addressing all the Rasuls, who are higher in rank than the Ambiyaa Alaihis Salaam, eat of tayyibaat (the Rasuls are commanded to eat not only halaal, but more higher than that – tayyibaat – i.e. it must be Halaal and more than that it must be that in which there is no doubt and must be healthy and wholesome. Ulama explain, this will lead to doing righteous actions naturally.

There is a very strong link with eating right and righteous actions!

When the Rasuls are commanded with halaalan tayyabat. How much more does it not apply to us?

In many Aayaat of the Qur’aan Shareef the details of zhabihah, Islamic slaughtering has been explained in detail, about what is halaal and what is not. Further details are given in the Hadith. Then from Qur’aan Shareef and Hadith Shareef the Fuqahah have in great, great detail explained all the laws and rules with regard to this fundamental, important aspect of our lives!

On which depends, is built on, our beliefs – Imaan - Aamaal, character and habits, way of thinking, whether our Ibaadaat and duaas will be accepted or not. On which will depend our Jannat and Jahannam!

We see that Allaah Jallajalaaluhu commanded all of mankind, Muslims and non-Muslims and also the believers and then the Rusul to eat only halaalan tayyaban, 100% halaal, no doubt in it and healthy and wholesome!

The reason is clear that you are what you eat and what you consume so will be your production (Aamaal)!

When the Ashaab-e-Kahaf woke from their slumber of 309 years and sent some from amongst them to purchase food for them, they advised them particularly to look for food which was *azkaa*, very pure, clean and healthy!

If parents drink Zam Zam of Makkah Mukarramah and from there the semen produced, a child was born, he will be a *Makki child*. If, the parents ate dates of Madinah Shareef and a child was born from the semen produced by Madinah dates, he will be a *Madani child*! And if the parents ate junk food and from that the semen produced and a child was born, the child will be??? Ma’shaAllah you got it right! Of course a **junkie**!!! It is not the children of today who are a problem? It is the parents who are the problems! They do all the wrong things, eat the wrong haraam things then ‘innocently’ and at the same time and in the same breath, audaciously ask where did we go wrong?

It is mentioned in a hadith:

عن أبي بكر الصديق أن النبي صلى الله عليه وسلم، قال: لا يدخل الجنة جسد غذي بحرام. قال الهيثمي في «مجمع الزوائد» (١٨٠٥٣): رواه أبو يعلى، والبيهقي، والطبراني في «الأوسط»، ورجال أبي يعلى ثقات، وفي بعضهم خلاف.

It is narrated from Abu Bakr رضي الله عنه that Nabi صلى الله عليه وسلم said, "A body which has been nourished by haraam will not enter Jannah."

It is mentioned in another hadith:

عن أبي هريرة، قال: قال رسول الله صلى الله عليه وسلم: "أيها الناس، إن الله طيب لا يقبل إلا طيباً، وإن الله أمر المؤمنين بما أمر به المرسلين، فقال: {يا أيها الرسل كلوا من الطيبات واعملوا صالحاً، إني بما تعملون عليم} [المؤمنون: 51] وقال: {يا أيها الذين آمنوا كلوا من طيبات ما رزقناكم} [البقرة: 172] ثم ذكر الرجل يطيل السفر أشعث أغبر، يمد يديه إلى السماء، يا رب، يا رب، ومطعمه حرام، ومشربه حرام، وملبسه حرام، وغذي بالحرام، فأنى يستجاب لذلك؟ رواه مسلم في «صحيحه» (1015).

It is narrated from Abu Bakr رضي الله عنه that Nabi صلى الله عليه وسلم said: O people! Verily Allah is pure and Allah only accepts that which is pure, and Allah has ordered the believers that which Allah (also) ordered the messengers, thereafter Nabi صلى الله عليه وسلم read Ayah 51 of Surah Mu'minoon (translation of the Ayah: O you Rusul! Eat from the pure things and do good acts. Verily I am aware of what you do.) and Ayah 172 of Surah Baqarah (translation of the Ayah: O you who have Imaan! Eat from the pure things which We have provided for you and show gratitude to Allah if it is indeed Him whom you worship). Thereafter Nabi صلى الله عليه وسلم made mention of a person who travels for a long period of time, his hair is disheveled and is covered with dust. He lifts his hand towards the sky supplicating: O Rabb! O Rabb! But his food is haraam, his drink is haraam, his clothes are haraam and his nourishment is haraam, in that case how is it possible that his supplication will be accepted?

A person who is a traveller and in distress, with his hands stretched out and crying in earnestness and sincerity for aid and help, all these conditions are such that render duaas to be readily accepted, but never will his duaas be accepted, but never will his duaas be accepted.

Because he ate haraam, his clothing is haraam! WHERE WILL HIS DUAAS BE ACCEPTED?!?!?

Imam Abu Hanifah Rahmatullah Alaih says if you exert yourself in ibaadat and mujaahadah until you become like a stick (thin, lean and weak - all clear signs of acceptance), but it will have no value by Allaah Jallajalaluhu if you are not concerned of what you eat! Note not what you eat, that is a later stage, just not being concerned about what you eat, what you put in your mouth, all that striving will have no value whatsoever!

Imam Shafi Rahmatullah Alaih says if a person eats halaal, even if he does not want to, he will do righteous deeds! And if a person consumes haraam, he will get involved in haraam, even if he does not want to!

When Hajjaaj bin Yusuf became the ruler in Kufa, he fed a group of pious and righteous people haraam and said I do not fear their *badd duaas* against me, since haraam has entered their stomachs. By consuming haraam our ibaadat is not accepted, our duaas are not accepted.

Someone gave as a gift surma (chorilium) to Moulana Ashraf Ali Thanwi Rahmatullah Alaih, Moulana said I'll first ask my Hakim if it is alright for my eyes. The person said you are so fussy in accepting a gift?! Moulana replied brother it is your surma and it is my eyes. I'm concerned of my eyes, I will definitely consult with my Hakim first. Similarly, whosoever's food it may be, it is our mouth and stomach, and we have to be very gravely concerned what we put in it!!

About dirty, contaminated, adulterated food we are particular and fussy, why not for halaal?!

Therefore, it is imperative that we be gravely concerned what we put in our mouths, what we eat!

Where we have to be very concerned what we put in our mouths, what we eat, we must also be equally concerned that the money we use to buy with must also be halaal. When even interest has been 'legalised', our buying and selling being void of Sharie rules, the meat we buy may be halaalan tayyaban but the haraam money we are buying it with, will render it also haraam. A person went to the butcher shop and told the owner see that you give me halaal meat, he asked is your money halaal? So both must be halaal, the meat and the money we buy it with! With both being halaal the transaction must also be according to the rules and regulations of Shariat and Dien!

Many years ago a person performed Maghrib in the Masjid of the little village of Ajrarah, in the vicinity of Muzaffar Nagar in UP, India. After namaaz a shop keeper noticing an outsider, offered him meals, it was meal time and there were no hotels or restaurants in the little village. He excused himself saying his still got namaaz and nawaafil, auraad, wazaaf to read and that he will be alright.

When the shopkeeper insisted he asked him if he does a certain common transaction which most shopkeepers do. He said yes. He said when you do this wrong transaction, how can I eat your food? A doctor approached him. After a similar discussion he refused him too. A farmer came with the same request, he asked him too whether he does the transaction of selling his fruit on the trees before they have ripened and harvested, when he said yes. He asked him then how can I eat your food when your income is not correct. The Imam came with the same request, after some discussion, wherein it became clear that the Imam's father had passed away, he asked him if the inheritance of his father has been distributed according to Shariat. He said it has not yet been done, his mother and sisters have not been given their shares. On this basis he refused even the Imam's food.

The news spread very fast in the little village that such a Buzurg is in our Masjid who has refused everyone's food on account of their income not being correct! At Esha the Masjid was full, the whole village came and sat with him and started clarifying their matters with him. He gave explanations to them and solutions how to correct all their financial issues. After resolving them they made Toubah, he said now it is fine bring your food, you eat and I'll eat as well.

They had more matters to resolve, being late at night they thought that they will sit with him after Fajr. When they came for Fajr they did not find him. They asked the Mu'azzin, he said he had two shawls with him, he spread the one under him, covered himself with the other one and slept away. He got up for Tahajjud, performed his Tahajjud and left.

But he left them with their concern of correcting all their matters and financial issues.

They consulted Muftis and corrected their affairs! In this way, one person who had Dien in him and was concerned of what he ate, brought about a complete change for the whole village and permanently! In this way if one person has Dien in him, he can change villages, towns, cities, countries, the world without big assemblies of people and all the related efforts, expenses, drawing undue attention of enemies, etc. and correct them all.

If those people, Ulama, Mashaaikh and the Tabligh Jamaat, consume stunned animal's meat, the very doubtful food of take aways, or even clear cut haraam, who are supposed to teach and guide the masses, then what hope can we have of any change for the good in the Ummah?! It renders everything an exercise in vain and futility, leaving shaytan relaxed and he can't stop laughing at us!

If the preachers and those they are preaching to, are all in the same boat of all this filth and dirt and rubbish entering their stomachs via their mouths, then spreading in the whole body, everything is corrupted to the core and then coming out of the mouths again in the form of beautiful, flowery talks of any and all aspects of Dien, what good effect can it ever have?!?! It is just a lot of hot air we are blowing and these talk shops of ours are just one big mock – making our chief and arch enemy very, very happy and that he can't stop laughing at our folly and stupidity, while we thinking we SMART AND CLEVER!!!

A person saw shaytan resting under a tree, he asked him, you resting?! He said when people are eating haraam, I don't have to do anything! Even worse trying to spread the Pure Dien through haraam, impure, filthy, state of the art technology, the tv, youtube, etc. Just who are we fooling or trying to fool. Yes we are just fooling ourselves! The reality of which will be realised in the Qabr and Aakhirat, where and when it will be too late, leaving us just to face the terrible punishments! May Allaah Jallajalaluhu guide us, forgive us and protect us. It is not befitting turning a blind eye to it!

THE SOLUTION TO THE PROBLEM

WHAT SHOULD OUR MENU BE

It is not long-ago that the normal diet of people was vegetables and lentils. Meat was consumed seldom and rarely. Shaytan, our chief enemy has turned the tables around and has made meat our chief diet. He has plotted and planned for commercial chicken becoming our basic and prime source of food consumption. He has made it relatively cheaper, very easy to come by, no hard work, toiling, exactly what humans, who are slaves of their desires, want!

The additives which are added to the feed of these chicken boosts and increases our sexual desires very greatly, with music playing everywhere, which is the stepping stone to adultery and fornication and now homosexuality and lesbianism, the devil has set the stage for humans to become worse than animals! This is shaytan's, the devil's plan! To get us to overeat, eat the wrong food, to which is added additives which greatly and strongly increases our sexual desires and then becoming slaves of our desires.

Allaah Ta'ala says have you seen that (idiot) who follows his desires?! In meat, that which arouses our lust the most is chicken, then beef (steaks). Even if it is halaalan tayyaban! In commercialized meat additives are added to increase tremendously lust and desires (shaytan's plan to trap people in the terrible, destructive sins and crimes of giving vent to their lust and desires in any and all destructive ways with any and everyone, even animals!) Alamaanul Hafiz!

A Tabligh Jamaat of India went to the UK many years ago. In those days, in India vegetables were cheaper than chicken, which was regarded as a luxury and eaten rarely. However, in the UK they found that chicken was cheaper than vegetables. On the surface it appears that they should have opted for chicken while they were there, it is more delicious, covetous and cheaper, why not?! By all means have it! But the Ameer had deeper insight, he said if we opt for the chicken, which we desire more and it is more cheaper too, we will become so accustomed to it in this 40 days/4 months, for this short period, then forever back home we will be trapped in an expensive lifestyle of eating, which we will not be able to afford nor sustain, therefore we will pay more for vegetables now and for life be able to live a

cheaper, sustainable eating lifestyle! SubhaanAllah what wisdom! And if the commercial chickens were haraam then there was absolutely no question of consuming them!

THE CORRECT METHODS OF CORRECTION!

Among the great qualities Allaah Jallajalaaluhu has blessed our Elders and Mashaaikh, is that they do not treat the outward, superficial condition of a malady, but rather they treat the root cause! A person went to a Hakim and told him I ate 10 raw rotis, unbaked bread, because of which I'm suffering terrible pain of the resulting constipation. The Hakim gave him eye ointment and explained the method in which it should be applied, he exclaimed Hakim Saheb there is nothing wrong with my eyes, and my stomach is paining! The Hakim said I have to treat, the root cause first, which is, your eyes, so you do not repeat the same mistake!

Doctors only treat the superficial condition. If you have a sore they will give you ointment to treat it. This one sore gets remedied, another sore comes out somewhere else, they treat that one and so they will carry on. A Hakim will prescribe a laxative to clean the dirty blood, once clean, no sores, nowhere, no more! No doctor's medicines are to cure diabetes, high blood pressure, cholesterol, etc. it is only to control it, and they emphasize that you must take it for life now and frighten you that if you don't take the medication, then terrible consequences will follow. In simple language they put themselves on your payroll, for life you must pay them, support them, and buy their medicines till death! And these medicines cause other illnesses and so the vicious cycle is perpetuated!

Similarly another great quality which Allaah Jallajalaaluhu has blessed our Pious and Mashaaikh is that they concentrate on imaalah and not izaalah. The explanation of that is characteristics which are in a person cannot be removed, their direction and application can be changed and corrected, and directed in the correct direction and that is what has to be done. It is mentioned in a Hadith:

إذا سمعتم بجبل زال عن مكانه، فصدقوا، وإذا سمعتم برجل تغير عن خلقه، فلا تصدقوا به، وإنه يصير إلى ما جبل عليه. «مسند أحمد»

(27499)

If you hear a mountain has moved from its place believe it, but if you hear that a person's natural disposition has changed, do not believe it, for man will always remain true to his natural disposition.

In other words, it is impossible. For example, a person has anger, so, for one, treat the root cause, which is pride and secondly direct his anger away from the wrong things he was getting angry for, personal worldly causes to getting angry if someone breaks the laws of Allaah Jallajalaaluhu! A person is a show off and loves to show his deeds to people, just direct him to do Aamaal to show Allaah Ta'ala, from ria (name, fame) to ikhlaas (done for Allaah Ta'aalaa!) Etc.

TO DECREASE THE INTAKE OF FOOD

Coming back to our subject, one of the root causes for immodest, shamelessness, disrespect and disobedience of parents and elders and many other terrible evils is the quantity of wrong food we are eating! We are making a lot of effort for reformation of the Ummah but we are not looking at the root cause of our destruction.

Yu yu dawaa kie mardh bartaagia

As we treated the illness the illness kept on increasing!

We must focus our full attention on decreasing the amount of food we are eating and eating halaalan tayyaban. If we make the sincere niyat and effort Allaah Jallajalaaluhu will definitely make it easy and grant it to us. When Allaah Jallajalaaluhu has commanded us to eat halaalan tayyaban He will always definitely let it be available and accessible! It is impossible that He gives us a command which cannot be fulfilled. That will be zhulam, oppression, and Allaah Ta'aalaa is completely free from any and all zhulam!

Sheikh piene kaa iraadaa to kare – aasmaan se mangwaali jaaiegie

Have the correct intentions, all arrangements will be made! We just have to make a little effort and look for it!

OUR CONSUMPTION OF MEAT

There are many areas that we have to look into, however, one main area is the stunned chicken, bulls, cows, cattle, ie. steak, etc. we are devouring!

All commercial chickens and beef (steaks) are all stunned!

A number of years ago a report was released by the University of Bonn in Germany. They researched how much pain animals go through when being killed in various ways. They connected electrodes to the nerves in the brain which carry pain. They found that animals that were stunned suffered so much pain that it could not be measured on their scales, it was hitting the upper levels strongly, and that is the pain was much more than could be measured.

On the other hand those that were slaughtered (throat slit), against common beliefs and expectations, suffered the least pain. The pain felt is only like the amount felt when the needle of the injection passes the skin, where after the medication is administered or blood withdrawn for blood tests, but no pain is experienced!

The Qur'aan Shareef explains the similar situation in jahannam when punishment will be inflicted on the occupants of Jahannam.

﴿إِنَّ الَّذِينَ كَفَرُوا بِآيَاتِنَا سَوْفَ نُصْلِيهِمْ نَارًا كَلَّمًا فَضِجَتْ جُلُودُهُمْ بَدَلَتْهُمْ جُلُودًا غَيْرَهَا لِيَذُوقُوا
الْعَذَابَ إِنَّ اللَّهَ كَانَ عَزِيزًا حَكِيمًا﴾

[النساء: ٥٦]

Indeed those who reject Our Aayaat, We shall soon enter them into the Fire. Whenever their skins melt, We shall exchange them for fresh skins so that they may taste the punishment. Undoubtedly Allah is Mighty, The Wise.

عن نافع، عن ابن عمر: قرأ رجل عند عمر هذه الآية: «إِنَّ الَّذِينَ كَفَرُوا بِآيَاتِنَا سَوْفَ نُصْلِيهِمْ نَارًا كَلَّمًا فَضِجَتْ جُلُودُهُمْ بَدَلَتْهُمْ جُلُودًا غَيْرَهَا لِيَذُوقُوا الْعَذَابَ إِنَّ اللَّهَ كَانَ عَزِيزًا حَكِيمًا». فقال عمر: أعد علي فأعادها عليه، فقال معاذ بن جبل: عندي تفسيرها: تبدل في الساعة الواحدة مائة مرة. «تفسير ابن رجب الحنبلي» (ص ٣٤١)

Hadhrat Mu'aadh Radiallahu Anhu says 100 skins will be changed in 1 second, so that he may keep on feeling the pain.

So the pain is only felt when the skin is pierced, thereafter no pain is felt. The chicken fluttering its wings and kicking its legs, the animal kicking its legs even shaking its tail violently is not due to pain. The reason and explanation to this outward painful scene is that when the throat is slit, the blood starts oozing out from the throat and blood does not reach the brain.

The brain (which is fully alive in the slaughtering system and not brain dead as in the stunning system) sends messages via the nervous system which runs down the neck via the spine to all parts of the body (therefore it is makrooh to cut the whole neck and throat off, only the throat must be cut with the veins carrying the blood, the food pipe and the wind pipe, 3 of the 4 must be cut, otherwise the animal will not be halaal) to all parts of the body to send blood to the brain, the head of the body, without blood there is no life, I need blood desperately the brain messages, for this reason all parts, wings, legs, even the tail work vigorously to send blood to the brain, not because of any pain, but to fulfil, the command of the head of the body but all this blood comes out at the throat, in this way all the blood is drained out of the animal, hardly any blood remains in the body.

The animal from which all the blood is been drained, is the healthiest and most delicious. Contrary to the animal that has been stunned, on the one side it suffers the greatest pain, on the other side, it is brain dead and cannot send any messages appealing for blood, so most of the blood remains in the body rendering it unhealthy and tasteless. (This is a different matter that the taste is made up with spices!) Only a trickle of blood comes out when slaughtered. This is just like eating an animal that has died of its own, all the toxic poisonous blood is left in it, which will cause, great harm to our health, character, outlook of life, etc.

Therefore, of all the reasons, known only to Allaah Jallajalaaluhu, this is one of the reasons for the Islamic method of zhabah (slaughtering). This toxic blood which is in stunned animals and consumed by

the vast majority of people is the cause of all the known and unknown diseases afflicting people. Contrary to outward observation that the stunned animal, chicken, lies motionless, is not because it does not suffer pain, in fact it suffers the most pain, but it is rather because it is brain dead and cannot send messages to express its pain nor appeal for blood.

It is narrated in the Hadith:

عن شداد بن أوس أن النبي صلى الله عليه وسلم قال: إن الله كتب الإحسان على كل شيء، فإذا قتلتم فأحسنوا القتلة، وإذا ذبحتم فأحسنوا الذبح، وليحد أحدكم شفرته، فليرح ذبيحته. رواه مسلم في «صحيحه» (1955) مختصراً

It is narrated from Shaddad Bin Auws رضي الله عنه that Nabi صلى الله عليه وسلم said: Verily Allah has enjoined goodness to everything, so when you kill, kill in a good way and when you slaughter, slaughter in a good way. Every one of you should sharpen his knife, so that the slaughtered animal dies comfortably.

So when you slaughter, slaughter in the most kind and humane way. Do not cause unnecessary strain, stress or pain to the chicken or animals.

At the Darul Uloom in Azaadville, on the occasion of Qurbaani, the SPCA comes every year without fail to see how the slaughtering is being done. They express their great surprise and appreciation as to how beautifully Islam has taught the slaughtering and say they will tell the other slaughtering places to follow suit!

AN AUTOBIOGRAPHY OF A BROILER CHICKEN

The rearing and growing of broiler chickens. An autobiography – a broiler chicken says its own lifelong story! I will tell my story in 2 main parts; part 1, my unnatural birth and life; in between my barzakh life, being transported to the slaughterhouses, then part 2, my Qiyamah in the slaughter house.

PART 1: MY UNNATURAL BIRTH AND LIFE

We are born in unnatural conditions - in fowl pans, our feet never touch mother earth, which is so necessary for everyone and so much desired! We never see the sun, nor does it see us. We are totally deprived of sunshine with its energies and so many other benefits! Yes an unnatural very bright light is just above our heads, torturing us to stay awake our whole lifespan of about 36-40 days! Without a single moment of sleep! Shocking but the stalk truth!

We must just eat, eat and eat! To get fat and fatter! Big breasts and thighs! That is what you, my consumer and eater wants! We have to eat feed in which women's filthy, dirty menstrual pads are included! (Note: We were in Nairobi sitting in the car, awaiting the ladies, when the maid of the house walked pass on the side of the car, the driver, the house man told me this maid just refuses to eat commercial chickens, when we insisted from her the reason for it, she explained, she was working in a factory that makes the commercial feed for chickens. She says I did not only see, we were made to also throw in filthy, dirty women's menstrual pads with our hands in the making of the chickens feed)

Chickens that die are also put in our feed, similarly anti-biotics, vaccines, which ordinarily a person will flatly refuse to have and a lot of other filth, dirt and completely unhealthy things! (An Aalim who was defending the stunning of chickens, admitted that the blood of the slaughtered chickens is channelled, turned into powder and added to their feed) if there is any cyst, sore, boil on our body we lick/eat that as well. The feed, itself, is added with such chemicals that make us big, fat, heavy as soon as possible! (Note: An Aalim, told me, who was an inspector at a chicken plant, I saw that they were injecting the slaughtered chickens with brine, he asked them why they are doing this, when they know that it causes diabetes and high blood pressure? They bluntly told him, we don't care about anyone's health, we are only interested in making money!)

OUR BARZAKH CONDITION: BEING TRANSPORTED TO THE SLAUGHTER HOUSE

After growing in these torturous environments, we are cramped in little crates and transported to the slaughtering houses (Note: When we started slaughtering at the Darul Uloom, when the chickens were delivered, they were like half dead, like no life in them, compared to the natural grown chickens, which when opened dash off, running away, full of life!)

PART 2: OUR QIYAMAH!! THE SLAUGHTER HOUSES

We are then shackled upside down, with our heads dangling down, imagine yourself shackled like that?! What a terrible experience! Then we are dragged in electrified water for stunning, which renders us brain dead. (Note: There are other methods of stunning as well, though this is the most common one. Being stunned, is like someone throwing half a brick on your head?! Can you feel the terrible pain and trauma you go through?! You are immobilized and can't do anything, you can't even think for yourself! – all that is happening is that you suffering immeasurable pain as found by the University of Bonn, in Germany when stunned).

After that we are slaughtered, how many of us are dead even before being slaughtered! All of us can't endure the same level of the electrified water. A slaughterer, standing with his mask on and blood flying on him, after all the arrangements made, has to slaughter between 36 and 40 chickens in a minute, reciting Bismillaah AllaahuAkbar. You try and do this in a comfort zone for a few minutes, hours? They have to do it, day in and day out in an 8-hour shift????!! Is this possible?! Many slaughterers have signed affidavits, declaring they just cannot manage!

After this we are immersed in boiling water with all the impurities still in our insides, this hot, hot water makes all the filth and dirt, all the impurities to mix with all our meat and bones; by stunning, almost all the blood remains in our bodies, this impure and najis blood also mixes with our meat and blood, therefore our bones are soft and black, compared to a natural grown chicken, whose bones are white and solid hard!

After this 'baptism' we pure and paak chickens are sprayed with a chemical that gives us a beautiful fresh pink texture making us look tempting to eat, how you are being fooled O consumer?! This chemical is a known cause of cancer! We are now packed in neat plastic bags and labelled with the holy 'halaal' tags. What shia taqieyaa we are guilty of?! Completely opposite to what we are, we are displayed! We pity you O consumer! Do you have any idea what you are eating????!!

All for man to make the most money out of them, without the conscience of the cruelty and inhumane way they are tortured. In devouring them we are an accomplice to this huge and colossal cruelty to animals!!

All their industries are driven on profit, money making basis. They pay the halaal certifying bodies a huge amount for certification, which they clamour and die for, while it is a paltry amount to the slaughterhouses who capture the Muslim markets by the halaal certified stamp. They make billions out of it. Now they are packed in neat, beautiful plastic wrappings, making them look innocently halaal and desirous to buy and devour.

We have all fallen headlong, hook, line and sinker for all this haraam, filth and dirt!!!

May Allaah Jallajalaaluhu open the blind eyes of our hearts, revive our dead Imaan, and look for our goodness, welfare, benefits of Dien, Dunia and Aakhirat! Aamien! We must stop this rot, this evil, malicious, vicious cycle! We can and we must!!! It is in our hands, it is not out of our control! It starts with our determination to only consume halaalan tayyaban! When Allaah Jallajalaaluhu has commanded us with it, it is impossible that it is not possible or available!

It is impossible that Allaah Jallajalaaluhu has given us commandments which are impossible to fulfil!

Sheikh piene ka iraadah to kare, aasmaan se mangwaalie jaaiegie!

We make the intention, Allaah Ta'aalaa will make the arrangements!

WHAT CAN I/WE DO?!

These are a few solutions suggested for those who are concerned of their own well-being in Dunia, Dien and Aakhirat! Who are concerned about their character, way of thinking, Aamaal being accepted and which destination we are going to get to in the eternal Aakhirat? Jannat, with all its pleasures and enjoyments or Jahannam with all its terrible punishments, eternally, for ever and ever?!!

SOLUTION ONE

Reduce our intake of food overall and generally! We have become influenced by the non-muslim life style, so much so, that even in eating habits we have become like them!

Nabi Sallallaahu Alaihi Wasalam said:

عن أبي هريرة رضي الله عنه، قال: قال رسول الله صلى الله عليه وسلم: «يأكل المسلم في معي واحد، والكافر يأكل في سبعة أمعاء». «صحيح البخاري» (٥٣٩٦)

A Muslim eats in one intestine (i.e. he eat a little) while a Kafir (unbeliever) eats in seven intestines (i.e. eats a lot).

What is meant a Muslim eats very little while a kaafir is a glutton, he *vreets*! It is true and shocking how someone overfills his plate with food and you wonder if he will ever finish it? You wonder which is his plate and which is the platter? You think his eyes were bigger than his stomach. But before you know what's happened, he has put it all away and surprising, surprising?! He overfills his plate again and puts it all away again. Kuffaar have competitions to see who can eat the most?! This has come in the Muslims?!

Have we forgotten our purpose of life to such an extent? Are we here in this world just for eating? Are we living to eat, or should we eat to live, just to survive. Our condition has become

din ku kamaanaa, raat ku khanaa, subaah ku paakhanaa. To insaan Kia Hua? Paakhaana banaane ki machine! Afa hasibtum annaa khalaqnaakum abasaa?!

Earning during the day, meals at night, depositing in the toilet in the morning! So what have we made of insaan? A stool making machine!

Allaah Jallajalaaluhu says

﴿أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ﴾

[المؤمنون: ١١٥]

Did you think that We had created you in vain and that you would not return to Us?

What do you think We created you in vain, for some tom foolery?! Is the whole system of the world just for eating, in fact, overeating, getting sick, very sick and now we have become fodder for the doctors and hospitals; or is eating to just keep us alive and going to fulfil our purpose and object of life? The ibaadat of Allaah and the pleasure of Allaah Jallajalaaluhu.

In order to eat this type of food, our women have to make so much more effort and give so much time to the kitchen. We have to earn much more, shopping lists and searching for ingredients increases, etc. Going further and further away from the basics we have landed where now such savouries, starters, deserts, etc. are prepared that more than a menu, directions on how they should be eaten have to be given to the guests, a person looks at the new, strange creature and does not know what it is, how to eat it! Resulting in the women exclaiming I'm so busy, I'm so tired, I don't get time for myself, for ibaadat.

Had our food been simple it would be so easy to prepare with the least effort, time, expenses; resulting in good health, far away from doctors, hospitals, etc. and all the other benefits in it. Today, because we have forgotten the very object and purpose of life we are gone on a tangent in the opposite wrong direction, resulting in our present chaos and rot we find ourselves in.

Anyway the first solution is to eat less, enough for our survival, proper functioning.

That is to serve and please Allaah Jallajalaaluhu, prepare for our eternal life of Aakhirat!

SOLUTION TWO

To reduce our intake of meat. Particularly white meat, fillets, our deep fries, samoosas, pies, and what not?! New, New things. The demand for white meat, fillets we have made so demanding that the supply is literally impossible! So it is being replaced with soya and other artificial things disguised as white meat! Camouflaged with chemicals to be tasted as delicious meat!

We are being made stupid and robbed in every way for becoming slaves of our nafs, carnal desires. A non-Muslim dietitian told a friend of mine that you Muslims have been ordained with the best method of a healthy life style, fasting! But you people destroy all its benefits and in fact incur more harm when you open your fast with deep fries. You undo all the benefits you acquired in fasting the whole day and harm yourself terribly with the deep fries in a minute or two! Gradually we should reduce our intake of meat to once or twice a week and slowly even less than that. Of course we are speaking here of halaalan tayyaban never junk or stunned meat. Replace the meat with vegetables, fish, lentils, barley, wheat products, etc. The ideal, Hakims say is meat once in 10 days.

The second solution is gradually we should reduce our intake of meat to once or twice a week and replace with vegetable diets

SOLUTION THREE

A medical doctor friend, to control his acute diabetes, buys live broilers, keeps them in a fowl pan for a week to 10 days feeding them good healthy food then slaughtering them correctly. He does this 3-4 times a year, which suffices his family's need of chickens.

One problem modern man has to contend with is that his commercially prepared food is easily available at a relatively cheap price. So he naturally opts for that! He is not prepared to take a little pain and trouble to ensure what he is eating and feeding his family is halaalan tayyaban. He becomes blind to the great harms of junk food which is easily available at a relative cheap price, compared to acquiring halaalan tayyaban, so he is lazy, not prepared to take a little trouble or pay a bit more to consume halaalan tayyaban.

He is prepared to be penny wise, pound foolish; to opt for haraam, unhealthy, filthy meat, just because it is easier, cheaper to come by; rather than taking a little pain and trouble and effort to acquire and consume halaalan tayyaban which will grant him good health, character and noble thoughts and actions. Which will grant him a strong, healthy, pure, mind, heart, body and soul?

We waste so much money on haraam pursuits, imagined energy products, cosmetics, sports, the list does not end! Why aren't we prepared to spend for our actual good health? We just look for the easy, cheap way out and we do not worry about the permanent resulting bad conditions later on, in our health, character, Aamaal and beliefs as well!

Our attitude has become one of just to worry about today and tomorrow's problems we'll deal with them when we get there! We drink cold drinks, eat any type of food and not in the least concerned of its great harms in every way, for us and our families permanently. A family boy insisted on having a litre of

coke for breakfast. His father in his wrong and stupid love for him, allowed him to have it, even though the family were against it! Now he is experiencing so many health conditions! Where are our brains? How can we be so penny wise and pound foolish? We are only concerned about immediate enjoyment and taste and we are blind about our condition in the future because of our irresponsible actions of today?

So, we should follow the example of the doctor in this matter and we can easily have halaalan tayyaban, with all its goodness in every way!!!

It has been brought to my attention that brothers in countries where they are very hard on rearing your own poultry, etc. are rearing their own chickens and slaughtering at home.

The third solution is to start rearing our own poultry, etc. at home

SOLUTION FOUR

Encourage people within the community, particularly those who are not working, to visit the farms and slaughter correctly in order to supply the community with halaalan tayyaban! They must ensure the animals don't grow too big because of which they get carried away with a lot of haraam and dangers!

Lunging zair, lunging baalaa, na khouf e dozdo na gham e kaalaa

Live simply and you will not have any fear

Where there is a will there will be many ways to achieve it. We have to have the deep rooted concern to eat only halaalan tayyiban, Allaah Ta'ala will definitely make the means easy, comfortable and only goodness will come out of it!!!

The fourth solution is to encourage small business in the community to supply halaalan tayyaban products

THE REAL SOLUTION

May Allaah Jallajalaaluhu inspire some people, to plan and design a practical and user friendly, neat and decent place to house from 3 to about 10 chickens for the yards or gardens of people and even the balconies of people living in apartments, etc. and to arrange the delivery of chickens to the homes.

They should make healthy chicken feed available, in order to grow the chickens for at least 3 days. That is the Sharia requirement for chickens. In this period their whole system will be flushed out and no harm or impurity will remain in them.

A hygienic user friendly slaughter house, which fits in with the surroundings, should be designed. The chickens should be slaughtered here according to the rules of Shariat. No stunning, hanging, etc. the animals should be slaughtered correctly.

There should be a cleaning and defeathering system designed accordingly. No boiling water, etc. For the time being the skin with the feathers can be removed and disposed of correctly. I can remember there were people, who pulled out the feathers, treated them and made feather pillows with them! An added achievement, accomplishment! The chicken must then be cut open and all unwanted, unlawful parts, intestines, etc., removed neatly and correctly. The chicken will now be ready for consumption, and one can have fresh, healthy chickens when desired.

Alternatively, not the better route but to freeze them and use them as required.

SUMMARY

To correct and improve our Dineen condition there are two basic and fundamental things we have to correct

1) The food we eat; and

2) The company we keep, who we associate with, who we get influenced by, social media and the smart phone also.

This article is with regard to the food we eat!

We must be very careful and concerned what we eat, what we put in our mouths!

On it depends our thoughts, ideas, character, beliefs, Amaal, actions, ibadaat,

OUR FINAL DESTINATION – THE QABR THEN JANNAT OR JAHANNAM!

IT IS AN EXTREMELY SERIOUS MATTER THAT REQUIRES OUR IMMEDIATE AND FULL ATTENTION!!!

MAY ALLAAH JALLAJAALUHU HAVE MERCY ON US AND GUIDE US TO RIGHTEOUSNESS AND THE BEST AND THAT WHICH PLEASES HIM THE MOST! AAMEEN THUMMA AAMEEN YA RABBAL AALAMIEN WA SALLALLAHU ALAN NABIEN UMMI SALLALLAHU ALAIHI WASALLAM.

